

# WIC In the second secon

Get Started—It is Easy!

## WIC offers some appointments by Zoom video. These video appointments are secure.

### To use Zoom for a WIC video appointment, you need:



A smartphone, tablet or computer with a camera and microphone.



A good internet connection.



The Zoom App if using a smartphone or tablet.



WIC contacts you to schedule a video appointment.

**You get a text or email** from your WIC office, before your appointment, with a link and information to check-in.



# Before your appointment time,

you must download the Zoom App if using a smartphone or tablet. The app is available in the App Store or Google Play. You can join in a browser if using a computer.



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**At your appointment time,** go to your text or email message from WIC. Click the link to join the Zoom video appointment.





Once you click the Zoom link to join, your Zoom App will open. If this is your first time using Zoom, enter your name. For privacy, you can enter your first name only.



You are now in the video call waiting room until your WIC counselor starts the video appointment. Be sure to join audio and allow Zoom to access your camera and microphone.



We are excited to provide many WIC services to you using video appointments!







### California Department of Public Health, California WIC program

This institution is an equal opportunity provider.

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