

Your baby may be at risk

for flu and whooping cough



Flu can be dangerous for you and your baby, causing:

- Low birth weight
- Premature birth
- Stillbirth
- Hospitalization
- Death

Whooping cough can also be dangerous for babies, causing:

- Coughing fits
- Gasping for air
- Serious lung infections
- Hospitalization
- Death

If you're pregnant:

- **Get flu vaccine as soon as possible and**
- **Whooping cough (Tdap) vaccine in your third trimester of every pregnancy**

The protection you get from these vaccines passes to your baby during pregnancy. Your baby counts on you for protection.

Talk to your doctor for more information



California Department of Public Health, Immunization Branch
This publication was supported by Grant Number H23/CCH922507 from the Centers for Disease Control and Prevention (CDC).